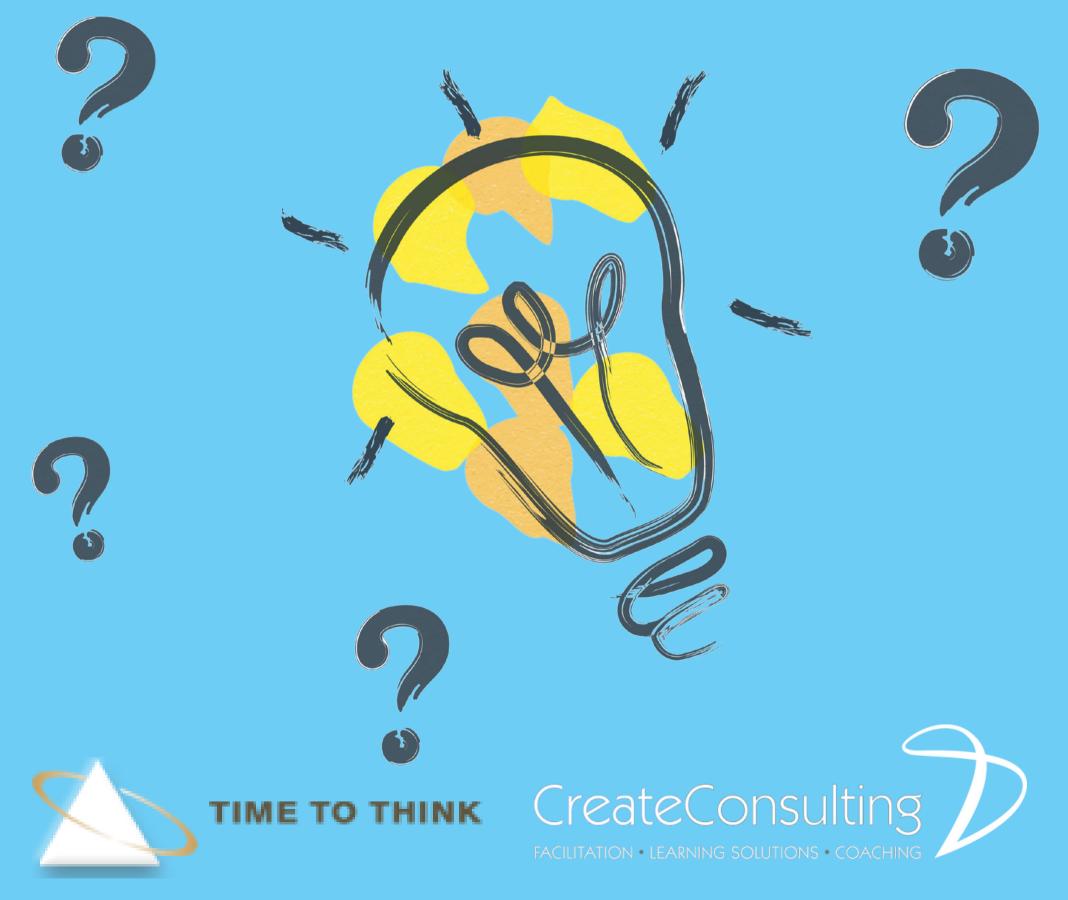
## Use the power of Incisive Questions to unlock your next-level thinking



## Questions

1. What am I assuming that is limiting my thinking here?

For example, if your goal is to restructure your time, the first question is: What am I assuming that is stopping me from re-structuring my time? Find as many assumptions as you can.

- 2. What am I assuming that is MOST limiting my thinking here?
- 3. Is that assumption true?

With questions 2 and 3, you find the key untrue assumption. For example, I am a victim of time pressure.

- 4. What is a liberating true alternative to the limiting untrue assumption?
- 5. If I knew (insert true alternative), what would I think or feel or do?

With questions 4 and 5, you build an Incisive Question. For example, If I knew I had a choice... how would I restructure my time?

## Igniting your best thinking

There is a wellspring of good ideas lying just beneath an untrue limiting assumption. This is a powerful process to use for decision making, gaining clarity and thinking through barriers.

